

2018 BMCHS Football

April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Spring Break →	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Program meeting Varsity/JV/Freshman All paperwork 6:15 pm	17	18 Spring Install Meeting 5-6 pm	19	20	21
22	23 Spring Install Meetings 5-6 pm	24	25 Spring Install Meetings 5-6 pm	26	27	28
29	30 Spring Install Meetings 5-6 pm	Notes: <ul style="list-style-type: none"> ✓ Spring Install Meetings can change based on Baseball playoffs ✓ Summer weights and contact camp checks are due 				

2018 BMCHS Football

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Spring Install Meetings 5-6 pm	3	4	5
6	7 Spring Install Meetings 5-6 pm	8	9 Spring Install Meetings 5-6 pm	10	11	12
13	14 Spring Install Meetings 5-6 pm	15	16	17 State Baseball & Track	18 State Baseball & Track	19 State Baseball & Track
20	21 Spring Ball Practice #1 3:15 – 5:15 pm Baseball Leave (BBL) 4:45 pm	22 Spring Ball Practice #1 3:15 – 5:15 pm BBL 4:45 pm	23 Spring Ball Practice #1 3:15 – 5:15 pm BBL 4:45 pm	24 Spring Ball Practice #1 3:15 – 5:15 pm BBL 4:45 pm	25 Lifting Competition at Reno HS	26
27	28 Memorial Day (No practice)	29 Spring Ball Practice #2 3:15 – 5:15 pm BBL 4:45 pm	30 Spring Ball Practice #2 3:15 – 5:15 pm BBL 4:45 pm	31 Spring Ball Practice #2 3:15 – 5:15 pm BBL 4:45 pm	Notes: ✓ Spring Install Meetings ➤ April: 18, 23, 25, 30 ➤ May: 2, 7, 9, 14 ✓ Incoming 9th graders at Spring ball	

*Updated 4/14/18

2018 BMCHS Football

June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: ✓ Week 1 is <i>not Mandatory</i> , the week is optional. The practices will be lifting and running only. Hoping this gives families two weeks for vacation plans, vacation June 11 thru June 24.					1 Spring Ball Week #2 3:15 – 5:15 pm	2
3	4 7-on-7 Prep 1 to 3 pm	5	6 7-on-7 Prep 1 to 3 pm	7	8	9 Nevada 7-on-7 Tournament (Varsity)
10 Hall of Fame 7-on-7 Tournament at American River College (Varsity)	11 Vacation	12	13	14	15	16
17	18 Summer Weights Week #1 Varsity: 2:30 – 4:30 pm JV: 3:30 – 5:30 pm Frosh: 4:30 – 6:30 pm	19 Summer Weights Week #1 <i>(Same times as Monday)</i>	20 Summer Weights Week #1 <i>(Same times as Monday)</i>	21 Summer Weights Week #1 Varsity: 7 – 9 am JV: 8 – 10 am Frosh: 9 – 11 am	22	23
24	25 Summer Weights Week #2 Varsity: 2:30 – 5:30 pm JV: 3:30 – 6:30 pm Frosh: 4:30 – 7:30 pm	26 Summer Weights Week #2 <i>(Same times as Monday)</i>	27 Summer Weights Week #2 Varsity: 7 – 9:30 am JV: 8 – 10:30 am Frosh: 9 – 11:30 am BBL for Boise Tourney	28 Summer Weights Week #2 Varsity: 7 – 9:30 am JV: 8 – 10:30 am Frosh: 9 – 11:30 am BBL for Boise Tourney	29	30

2018 BMCHS Football

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 July 4 th Break (July 1 st – 8 th)	3	4	5	6	7
8	9 Summer Weights Week #3 Varsity: 2:30 – 5:30 pm JV: 3:30 – 6:30 pm Frosh: 4:30 – 7:30 pm	10 Summer Weights Week #3 <i>(Same times as Monday)</i> Varsity 7-on-7 vs. Reed at Manogue 6 pm	11 Summer Weights Week #3 <i>(Same times as Monday)</i>	12 Summer Weights Week #3 Varsity: 7 – 9:30 am JV: 8 – 10:30 am Frosh: 9 – 11:30 am	13	14
15	16 Summer Weights Week #4 Varsity: 2:30 – 5:30 pm JV: 3:30 – 6:30 pm Frosh: 4:30 – 7:30 pm	17 Summer Weights Week #4 <i>(Same times as Monday)</i> Varsity 7-on-7 vs. Reed at Manogue 6 pm	18 Summer Weights Week #4 <i>(Same times as Monday)</i> Equipment Handout for Contact Camp	19 Summer Weights Week #4 Varsity: 7 – 9:30 am JV: 8 – 10:30 am Frosh: 9 – 11:30 am	20 Douglas 7-on-7 TBA (Varsity & JV only)	21
22	23 Summer Weights Week #5 Varsity: 2:30 – 5:30 pm JV: 3:30 – 6:30 pm Frosh: 4:30 – 7:30 pm	24 Full Contact Camp TBA	25 Full Contact Camp TBA	26 Full Contact Camp TBA	27	28
29	30 Summer Weights Week #6 Varsity: 2:30 – 5:30 pm JV: 3:30 – 6:30 pm Frosh: 4:30 – 7:30 pm	31 Summer Weights Week #6 <i>(Same times as Monday)</i>	Notes: <ul style="list-style-type: none"> ✓ We will take the 4th of July week off starting July 1st thru July 8th. ✓ Optional: If athletes are in town, the weight room will be open July 2nd & July 6th 8 to 9 am. ✓ July 18 – Equipment handout will be after practice. 			

2018 BMCHS Football

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: ✓ Team pictures: Varsity 11 am, JV 11:45 am, Frosh 12:15 pm			1 Vacation (August 1 – August 5)	2	3	4
5	6 1 st Day of School 1 st Football Practice (Helmets)	7 Football Practice (Helmets)	8 Football Practice (Helmets)	9 Football Practice (Full pads)	10 Football Practice (Full pads)	11 Football Practice(Pro pads) Varsity 8 am JV 8:30 am Frosh 9 am Team Pictures (After Practice)
12	13 Football Practice (Full pads)	14 Football Practice (Full pads)	15 Football Practice (Helmets)	16 Football Practice (Full pads)	17 Scrimmage TBA Frosh/JV 4 pm Varsity Game TBA Varsity 7 pm	18
19	20 <u>Game Week #1</u> Practice Scrimmage film review after practice	21 Practice	22 Practice	23 Practice	24 Game #1 HOF game 7 pm Vs. Reed	25 <u>Film Review</u> 8 to 10:30 am *Position meeting *Running
26	27 Practice	28 Practice	29 Practice	30 Practice	31 Game	