



Bishop Manogue Catholic High School

ATHLETIC CLEARANCE REQUIREMENTS

The items listed below are MANDATORY before your child can take part in official tryouts/practices for Bishop Manogue. Deadlines for completion are:

2019-20 SCHOOL YEAR

Fall Sports– August 7, 2019

Winter Sports – November 13, 2019

Spring Sports – February 19, 2020

To be sure your athlete is cleared for athletic participation this year, please log into RMA at www.registermyathlete.com to create an account and complete the following steps:

1. **REGISTER** your child in RMA at www.registermyathlete.com for the specific sports they may want to play this school year. Student-athletes who aren't registered for a sport cannot be added to that roster!
 - While you only need to create an RMA account once, athletes must *register* each year/season for each sport they are interested in playing.
 - We highly recommend that you register your child for ALL the sports they may participate in this year—this will save you the trouble of logging back in to register each season. Registering for a sport in RMA does not obligate your child to participate in that sport.
2. **ACKNOWLEDGE** each document in RMA and **E-SIGN** where indicated.
3. **GET AN ATHLETIC CLEARANCE PHYSICAL** for your child at the health care provider of your choice, if you have not already done so. Physicals are valid for a full calendar year.
 - Have the providers sign the [NIAA Pre-participation History Form](#)
 - Have provider complete the [NIAA Physical Exam Form](#)
4. **UPLOAD** the [Parental/Guardian Consent Form](#), [NIAA Pre-participation History Form](#) and [NIAA Physical Exam Form](#) to your RMA account OR deliver them to the front office, attn: Jackie Cavilia.
 - Docs are all downloadable from within your RMA account, and at <https://www.bishopmanogue.org/athletics/athletic-resources/>
5. View the mandatory NIAA Drug and Alcohol/Concussion session with your child.
 - This NIAA requirement can be completed online here: <https://goo.gl/forms/oxQuDmsVCniklxPo1>

Thanks, and please contact jackie.cavilia@bishopmanogue.org with any questions or problems!