



**SOPHOMORE
ACADEMIC NIGHT**

SEPTEMBER 3, 2019

SOPHOMORE PRESENTATION

- Counselor Caseloads
- Bethany Salter A-G
- Jessica Koltz H-Q
- Cathy McClintock R-Z

TOPICS OF DISCUSSION

- Counselor Roles and Responsibilities
- GPA
- PSAT/SAT/ACT
- Class registration for next year
- Planning for college

ROLES & RESPONSIBILITIES

- Individual student academic planning & goal setting
- Classroom lessons based on student success standards
- Short-term counseling
- Referrals for long-term support
- Collaboration with families/administrators/teachers/community for student success
- Advocacy for students at student-focused meetings
- Support navigating standardized tests

Classroom Lessons
PSAT 10
Fall: Stress/Anxiety Management small group
Spring: Drug & Alcohol prevention education
Bully Awareness

COUNSELOR SCHEDULES

- Available by email or phone Monday-Friday
- We encourage you to please schedule an appointment or send us an email. We are often with students or in classrooms.

GRADE POINT AVERAGE (GPA)

- Cumulative GPA
 - Calculates all Core and Elective classes
- Core GPA
 - Calculates only English, Math, Science and Social Science classes
- Weighted GPA
 - Calculates all classes with a 0.25 bump for honors and 0.50 bump for AP
- Importance of GPA
 - College Admissions
 - Scholarship Opportunities

COLLEGE/SCHOLARSHIP GPA REQUIREMENTS

- Millennium Scholarship requirement:
 - Diploma from a Nevada high school
 - Nevada Resident for at least 2 years
 - 4 English credits, 4 Math credits (Algebra II or higher), 3 Science credits, 3 Social science credits
 - 3.25 or higher of any GPA OR 21 ACT (composite) / 1070 SAT
- UNR admissions requirement:
 - 3.0 in Weighted Core GPA
 - SAT or ACT score submission

PSAT/SAT/ACT

- PSAT 10 (Preliminary Scholastic Aptitude Test)
 - Measures reading, writing and language, and math skills
 - It is a test that measures reasoning and critical thinking skills
 - It is NOT a test to recall facts from literature, history or math formulas
 - Wednesday, October 16 at 7:45am
 - Sophomores will take PSAT/NMSQT (National Merit) in October of Junior year
- ACT/SAT
 - Be prepared to take this in spring of junior year. Junior Night will provide more information in November 2020.
 - We administer the SAT with Essay on site at Manogue.

CLASS REGISTRATION

- One-on-one registration for Junior year starts the beginning of February 2020
- Sign up for the classes you intend to take for the 2020-21 school year
- Size of classes and period conflicts prevent flexibility in movement at the start of the year
- Decide whether AP, Honors or regular classes are appropriate for your child in February or by the end of the school year at the latest
- Try to avoid “playing it safe”
- If regular classes are not challenging (represented by a solid “A”) then it is time for your child to challenge themselves in a more rigorous course

HELPFUL TIPS

- Plan for a minimum of 1-2 hours for homework and to review academics (M-F)
- College Board recommends students expect an average of 1-2 hours extra for homework in AP classes
- Review every subject, every night, starting with subjects that have work due the next day
- Communicate with teachers and schedule time for help
- Grades at the end of both semesters (December and June) are the grades that are recorded on your child's transcript and impact GPA
- Be proactive, not reactive
- Find a club/sport/activity that interests your child and get involved

PLANNING FOR COLLEGE: INITIAL STAGES

- Start learning about colleges
 - College reps visit BMCHS in the fall
 - WACAC College Fair (11/18 @ UNR from 12-4pm), www.wacacollegefair.com
 - Visits on vacation
- Think about/discuss financial considerations
- Build a resume or keep a journal of things you are doing
- Encourage students to READ
- Encourage students to REFLECT
- Small steps towards independence

QUESTIONS?

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