

March 6, 2020

HELP MINIMIZE THE SPREAD OF CONTAGIOUS DISEASE

Dear Bishop Manogue Community,

The health and wellbeing of our students and staff continue to be a top priority at Bishop Manogue and our staff is taking additional precautionary measures to help minimize the spread of contagious diseases. We also encourage the following best-practices to promote a healthy environment on campus:

FIRST: KEEP AN EYE OUT FOR THE FOLLOWING SYMPTOMS:

- Cough
- Fever
- Shortness of Breath
- Aches
- Sore Throat
- Vomiting
- Diarrhea
- Chills

Students, parents, coaches, and staff should not come to campus if they are feeling sick or exhibiting symptoms outlined above. This will allow for much-needed rest for the ill individuals and help minimize the spread to our school community.

Bishop Manogue is committed to working with our students, staff, and coaches to develop appropriate absence plans and work plans to promote healing. We appreciate parents keeping students at home when they are sick, employees staying home when sick, and will be understanding and flexible to accommodate illness-related absences.

If you are calling to report an illness-related absence, please include the following:

- Name of student
- Day the illness began
- List of symptoms
- Contact information: phone number and email

Please be aware, if your student is coughing profusely on campus, we will request he or she go home until symptoms subside. This is not one or two coughs, but regular and repeated coughing.

SECOND: TAKE PREVENTIVE ACTIONS!

The best way to prevent illness is to avoid exposure. The CDC also recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

- **WASH YOUR HANDS** often with soap and water for at least 20 seconds,
- especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if your hands are visibly dirty.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

THIRD: IF YOU TEST POSITIVE FOR A CONTAGIOUS DISEASE, PLEASE LET THE SCHOOL KNOW.

It is important that our school staff are aware of any positive cases of communicable diseases within our school community. This allows us to follow the appropriate protocol and help minimize exposure. Should a student, staff member or campus visitor contract a confirmed case of COVID-19, Bishop Manogue will work in conjunction with the Washoe County Health District to follow the recommended course of action.

We appreciate your cooperation as we work to keep our campus environment healthy. We will continue to keep you updated on any changes and are thankful for our Bishop Manogue Family.

For archived information regarding our response to COVID-19 visit: <https://www.bishopmanogue.org/covid-19/>.

This page will be continuously updated should we receive additional information from local healthcare agencies.

Thank you,
BMCHS
Administration